San Francisco Community College District CITY COLLEGE OF SAN FRANCISCO 50 FRIDA KAHLO WAY

Permanent disability benefits: Payments if you don't recover completely. You will be paid every two weeks if you are eligible. There are minimum and maximum weekly payment rates established by state law. The amount of payment is based on:

- Your doctor's medical reports
- Your age
- Your occupation

Supplemental job displacement benefits:

Workers' compensation insurance company or if employer is self-insured, person responsible for handling the claim is:

City College of San Francisco Office of Finance and Administration

Attn: Risk Coordinator 50 Frida Kahlo Way San Francisco, CA 94112 Email: riskservices@ccsf.edu

You may be able to find the name of your employer's workers' compensation insurer at www.caworkcompcoverage.com. If no coverage exists or coverage has expired, contact the Division of Labor Standards Enforcement at www.dir.ca.gov/DLSE as all employees must be covered by law.

Get emergency treatment if needed

If it is a medical emergency, go to an emergency room right away. Tell the medical provider who treats you that your injury is job related. Your employer may tell you where to go for follow up treatment.

Emergency Contact Information:

Call 911 for an ambulance, fire department or police. For non-emergency medical care, contact City College of San Francisco's workers' compensation coordinator at riskservices@ccsf.edu.

Fill out DWC 1 claim form and give it to your employer

Your employer must give you a <u>DWC 1 claim form</u> within one working day after learning about your injury or illness. Complete the employee portion, sign and give it back to your employer. Your employer will then file your claim with the claims administrator. Your employer must authorize treatment within one working day of receiving the DWC 1 claim form.

If the injury is from repeated exposures, you have one year from when you realized your injury was job related to file a claim.

In either case, you may receive up to \$10,000 in employer-paid medical care until your claim is either accepted or denied. The claims administrator has up to 90 days to decide whether to accept or deny your claim. Otherwise your case is presumed payable.

Your employer or the claims administrator will send you "benefit notices" that will advise you of the status of your claim.

MORE ABOUT MEDICAL CARE

What is a Primary Treating Physician (PTP)?

This is the doctor with overall responsibility for treating your injury or illness. He or she may be:

- The doctor you name in writing *before* you get hurt on the job
- A doctor from the medical provider network (MPN)
- The doctor chosen by your employer during the first 30 days of injury if your employer does not have an MPN or
- The doctor you chose after the first 30 days if your employer does not have an MPN.

What is a Medical Provider N

The nearest I&A Unit is located at:

San Francisco District Office

455 Golden Gate Avenue, 2nd Floor San Francisco, CA 94102-7014 415-703-5020 Francie R. Lehmer, Presiding Judge

Consult with an attorney

Most attorneys offer one free consultation. If you decide to hire an attorney, his or her fees may be taken out of some of your benefits. For names of workers' compensation attorneys, call the State Bar of California at (415) 538-2120 or go to their website at www.californiaspecialist.org. You may get a list of attorneys from your local I&A Unit or look in the yellow pages.

Warning

PREDESIGNATION OF PERSONAL PHYSICIAN

In the event you sustain an injury or illness related to your employment, you may be treated for such injury or illness by your personal medical doctor (M.D.), doctor of osteopathic medicine (D.O.) or medical group if:

• On the date of your work injury you have health care coverage for injuries or illnesses that are not work related;

§ 9783.1. DWC Form 9783.1 Notice of Personal Chiropractor or Personal Acupuncturist.

NOTICE OF PERSONAL CHIROPRACTOR OR PERSONAL ACUPUNCTURIST

If your employer or your employer's insurer does not have a Medical Provider Network, you may be able to change your treating physician to your personal chiropractor or acupuncturist following a work-related injury or illness. In order to be eligible to make this change, you must give your employer the name and business address of a personal chiropractor of (r)6.7 (c)11 (T (6p)13.7 (unc)1153t)18.4 (ur)6.7 (i)5 (s)9.3 ()9.4 (i)1a wurting 13.6 (i)06.7 (i)1.5 (i)